ITHA BOARD

President: Mark Scardina Vice President: Les Plack Secretary: Sandy Gondolfo Treasurer: David Supan

AT-LARGE

Eileen Ambre

Rene Casis
Blair Horst
Paul Kameny
Wendy Portnuff
Linda McGilvray
Jade To
Lonnie Lawson, President Emeritus

ITHA Committees

Membership: Jade To

Social: Wendy Dwyer & Sandy Gandolfo
NERT: Paul Kameny & Collin Shields
The Sundial: Linda McGilvray & Daryl Schilling
Parks & Landscaping: Rory Camp
Welcome Wagon: Jade To
Design Review: Suzanne McDonnell
Construction Committee:

West of Twin Peaks Council: Paul Conroy

Webmaster: Mark Goldstein

Regular monthly meetings of the ITHA are held at 7:30 P.M. on the third Thursday of each month, January, February, March, April, May, June, September and October, No regular meetings are scheduled for July, August, November, or December. Location is the St. Francis Episcopal Church, 399 San Fernando Way, and all Terraces residents are welcome.

ITHA, P.O. Box 27304, San Francisco, CA 94127-0304 • www.ITHASF.org

www.ithasf.org/email.html

Our new forum is now available for all neighbors: http://forum.ithasf.org.
Members discuss topics such as local events, meetings, crime, schools, and gardening. The newsletter is available on the website: www.ithaf.org/events/events.html

President's Letter

By Mark Scardina

I hope you will welcome our new Board members Rene Casis, Blair Horst, Wendy Portnuff and Jade To, who bring both long term IT and new experience to your Board. I wish to extend a special thanks to Jade, who has taken the baton as the new Membership chairperson as well as running the Welcome Wagon. Please see her column in this issue and give her your support.

2014 was a very busy year with regard to dealing with new city initiatives as well as new businesses that directly impact our neighborhood. Effective communication is key to both informing you on issues in a timely manner as well as getting feedback when your Board is considering taking a position. While this newsletter is great for notifications where we have months of lead time, it only communicates in one direction 3 times a year. We also have the Terraces GoogleGroups list which supports quick bidirectional communication; however, it suffers from being transient and difficult to use for extended discussions on issues and topics.

At the January ITHA meeting, I announced that one of my goals this year was to improve our intercommunication as 2015 is likely to be as busy. To move this forward I asked for volunteers to form a sub-committee to explore our communication options. Along with myself and our webmaster, Mark Goldstein, Les Plack, Jade To, Rene Casis and Linda McGilvray volunteered. The committee reviewed many options, including social media, and reported its recommendations to your Board at the February meeting. The Board voted to move forward based upon the report.

I am pleased to announce the opening of **The Terraces** discussion forum available from our website (http://www.ithasf.org) or directly at http://forum. ithasf.org. This is a private forum open only to IT members without ads or spam. No longer will you need to wade through emails in which you have no interest but can easily participate in topics that you care about. This forum, allows you to start topics, provide links, post pictures and attachments as you already do in email. It also allows you to easily search any topic area. Those of you who would still like to get email notifications when new responses to a topic are added, may do so simply by "subscribing" to it.

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President's letter

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There is Help information for any task and we are adding a "Frequently Asked Questions" (FAQ) area as well.

We now have a private location to post ITHA meeting minutes and run polls which a number of you have requested. We have set up Getting Started and FAQ pages on our website so you may easily join. We have also set up a feedback area where you can ask questions or make suggestions. Everyone is welcome as we have already created areas of interest including IT and City announcement areas, Neighbor-to-Neighbor, Neighborhood and City Issues areas along with Polls and Feedback sections.

When you join be sure that you subscribe to the IT Announcements forum so that you can receive email notifications of events, meetings, polls, etc. All of your Board members have already joined and are waiting to hear from you.

Check it out and let us know what you think as it is your resource!

Thanks,

Mark Scardina president@ithasf.org

Target Express coming to Ocean Avenue

One of the announced three small-format Target stores coming to the Bay Area could go to a long-vacant spot at 1830 Ocean Avenue. The site, formerly occupied by Rite Aid, has been empty for six years. Tina Chang from the Planning Department says the project went before the Planning Commission on March 12. The application was submitted at the end of November and we have news that it has just been approved. Target will work with neighbors to provide merchandise we need.

Membership Report

Hello fellow neighbors!

First and foremost thank you so much for your donations for 2014, which amounted to over \$18,000! This has allowed us to continue the maintenance of our common gardens and circles, as well to host our yearly events with a much needed cushion. The new year is also bringing some changes to our Membership Committee, as I will be taking over the efforts that Norman handled over the past years. Thank you, Norman! As the new Membership Committee Chair, I look forward to personally meeting many of you and working together with the rest of the ITHA Committees to further improve your experience living in the Terraces by increasing community engagement.

I'd like to remind you that the ITHA is 100% funded by our yearly dues, and we are a volunteer group. We wouldn't be able to maintain this awesome community if it wasn't for your support! Every dollar makes a huge difference and is greatly appreciated. You can send in your dues via the yellow envelope included in this copy of the newsletter, or you can send them online through our website: http://www.ithasf.org/joinITHA.html.

Please send me a note if you have any questions or comments. I look forward to hearing all your great ideas!

Jade To membership@ithasf.org

Mark Your Calendars!

Upcoming Events in the Terraces

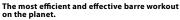
Saturday, May 2 Garage Sale
Sunday, September TBA Sundial Picnic
Sunday, November 14 Annual Meeting
Sunday, December TBA Holiday Caroling

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Second Sunday activities revitalize Ocean Avenue businesses

Every second Sunday the Ocean Avenue
Association's new program presents arts,
entertainment and more at local businesses.
Participants include the Fog Lifter Café, Java on
Ocean, The Ave Bar and Melanio's Bistro. Others
will join in. Second Sundays will be held from
4 to 9 pm, with appeal for children and adults.
Some of the activities include yoga and art
demonstrations, jazz, poetry readings, comedy
and more. Participation helps bring together small
businesses, neighbors, artists and visitors. Please visit
oceanavenueassociation.org for more information.







The search for the best barre fitness class is over! We're here to help you achieve a strong, lean, sculpted body through an evolving mix of practices. Combining ballet barre work, core conditioning, and muscle strength through yoga, pilates, and orthopedic exercise giving hands-on training. Our focus on alignment and strength results in better posture, better movement, and a better you!

Never stale, our ever-evolving mix of movement is always fresh, fun, and challenging. **You get a total workout:** your body sculpted, mind sharpened, motivation heightened, attitude transformed!



thedaileymethod.com Ingleside Terraces [2301 Ocean Avenue] SF, CA [415] 585-2000

NERT training information in preparation for disasters

NERT is a free training program for individuals, neighborhood groups and community-based organizations in San Francisco. Through this program, individuals will learn the basics of personal preparedness and prevention. The training also includes hands-on disaster skills that will help individuals respond to a personal emergency as well as act as members of a neighborhood response team.

NERT connects volunteers with a network of fellow volunteers all working together for a common cause. NERT members are trained citizen first responders who can help save lives.

The NERT Training Program is a 20 hour comprehensive program consisting of six (6) class sessions. Delivery of these 6 sessions is offered in a variety of scheduling options. Every potential volunteer must 1) attend and complete all six classes; 2) upon completion of the training, SFFD may provide a certification; 3) individuals who complete the program and obtain certification may be invited to volunteer; and 4) all individuals invited to volunteer continue to do so at the discretion of SFFD.

The training instructors are professional firefighters. There is no cost for our neighborhood training classes. There is a fee for private training. We have a NERT group in the neighborhood that needs more participants. Call Paul Kameny, 337-8421.

Taraval Station Resource List

ALL SF EMERGENCIES: 911

Non-Emergency: (415) 553-0123 Customer Service Center: 311 Taraval Station: (415) 759-3100

Emergency call from cell: (415) 530-8090

TNT Cell Phone I: (415) 850-6118 TNT Cell Phone 2: (415) 850-5448

Website: www.taraval.org Project SAFE: www.sfsafe.org

Spring Fling Garage Sale

Saturday, May 2, 2015 · 10:00 am - 3:00 pm

All neighbors in Ingleside Terraces are invited to open their garage doors for the sale. Publicity, courtesy of ITHA, will be placed in local classified sections.

Take advantage of this great money-making event!

Last Name(Name will not be printed on map)	Phone
Address for map	
Yes, I will be participating. I will offer items in the following 3 categories:	
12	3
Yes, I will help distribute publicity flyers and hang posters and banners the week of the event.	
Please fill out this form and return to Wendy Dwyer, 350 Urbano Dr., SF, CA 94127 by April 25. For more information call Wendy @ 706-0549 or email her at hairnetw@hotmail.com There's a suggested donation of \$20. per household participating to support ITHA. Thanks.	

THE SUNDIAL

Ingleside Terraces Homes Association P.O. Box 27304 San Francisco, CA 94127 PRESORTED STANDARD U.S. POSTAGE PAID Daly City, CA Permit No. 1284

Please do not forward.